

British Masters Road Relay : Sutton Park, Birmingham : 16th May 2015

Race 1 – W35, W45, W55, W65, M75

Positions after leg 1

1	Sophie Carter	35	Belgrv	17.25m
2	Tessa Walker	35	Salfrd	17.35m
3	Alison Dargie	35	TyneBr	17.41m
4	Diane McVey	35	Wilmsl	17.45m
5	Rachel Masser	35	Woodst	18.10m
6	Louise Insley	35	Heanor	18.15m
7	Michelle Clarke	35	Telfrd	18.32m
8	Lyn Hill	35	Tipton	18.38m
9	Sally Gray	35	Cannck	18.43m
10	Audrey Wilson	35	Wolv&B	18.45m
11	Joanne Kent	45	Barnet	18.51m
12	Claire Beatty	35	LeCrou	19.02m
13	Nicola Richmond	35	Dulwch	19.04m
14	Julie Cook	45	Salfd	19.08m
15	Linda Howell	35	Bournv	19.12m
16	Ola Balme	45	Dulwch	19.13m
17	Riz Maslen	45	Hastng	19.17m
18	Kaeti MacKenzie	35	Barns	19.28m
19	Jayne Taylor	35	Wigan	19.35m
20	Wendy Swift	35	Staffs	19.45m
21	Alison Drasdo	35	Traffd	19.57m
22	Tessa Pike	55	Norwch	19.58m
23	Jenny Wakeman	55	Barnsl	20.07m
24	Carolyn Dooley	35	ValeRo	20.12m
25	Laura Grimer	35	NeneV	20.15m
26	Sarah Holford	35	Derby	20.19m
27	Helen Pettit	45	Holmf	20.21m
28	Jenny Neal	35	Blkhth	20.23m
29	Lynne Whitaker	55	Winch	20.30m
30	Sasha Houghton	35	Tonbrg	20.31m
31	Lisa Wells	45	CovGod	20.36m
32	Nicola Woodward	35	SundH	20.39m
33	Tracey Curl	45	Norwch	20.42m
34	Sarah Boxer	45	Barnet	20.49m
35	Beverley Ganose	45	Altr	20.49m
36	Philippa James	45	Rother	21.02m
37	Irene Roche	55	CLM	21.04m
38	Helen Robinson	35	WoldsV	21.06m
39	Sally Spencer	45	Haleso	21.11m
40	Jo Isbill	45	Ryston	21.15m
41	Lisa Pettit	35	Serpen	21.23m
42	Sue Weatherburn	35	Wolv&B	21.27m
43	Julie Scholey	45	LeCrou	21.37m
44	Maria Hobbs	45	Wstbry	21.49m
45	Den Evans	45	Gloucs	21.58m
46	Jen Lovesey	45	Bedfrd	22.23m
47	Helen Cohen	45	Tonbrg	22.59m
48	Peter Covey	75	Bingl	23.00m
49	Nerina Gill	45	CLM	23.08m
50	Pamela Murray	35	Worcs	23.32m
51	Rachel Joyce	35	RSCold	23.36m
52	Helen Melville	35	Ryston	23.39m
53	Anne Mortimer	45	WoldsV	23.40m
54	Jude Glynn	45	Bournv	23.57m
55	Lindsay Freeman	35	Wigan	24.00m
56	Nicola Dexter	45	ValeRo	24.01m
57	Kay Ridgwell	55	Wstbry	24.04m
58	Stacey Marston	35	Bournv	24.05m
59	Jim Conaghan	75	NwMrsk	24.06m
60	Rachel Partridge	35	Bournv	24.30m
61	Sarah Marzaoli	65	Hastng	24.40m
62	Betty Gash	55	WoldsV	24.50m
63	Glenda Edwards	45	LeCrou	25.01m
64	Chris Eckersley	55	Middle	25.23m
65	Stephanie Adams	35	Haleso	25.33m
66	Elizabeth Blakie	45	Ryston	26.15m
67	Susan Green	55	WoldsV	26.21m
68	Cathy Craig	55	NHerts	26.58m
69	Karin Goss	65	CLM	27.04m
70	Pauline Foster	45	Wigan	27.23m
71	Gillian Tinsley	35	Staffs	28.02m
72	Karin Clarkin	35	CLM	28.08m
73	Clare Johnson	65	LeCrou	28.29m

Positions after leg 2

1	Louise Blizzard	35	Belgrv	18.50m	+0	36m15
2	Claire Smith	35	Heanor	18.31m	+4	36m46
3	J Etherington	35	TyneBr	19.31m	+0	37m12
4	Amanda Davies	35	Telfrd	18.51m	+3	37m23
5	Julie Hinch	35	Tipton	18.53m	+3	37m31
6	Rachel Jones	45	Salfd	18.37m	+8	37m45
7	Janine Ellis	35	Wilmsl	20.05m	-3	37m50
8	Jackie Halford	35	Wolv&B	19.18m	+2	38m03
9	Andrea Pickup	45	Dulwch	19.19m	+7	38m32
10	Beth Massey	35	Barns	19.44m	+8	39m12
11	Cara Oliver	35	Dulwch	20.13m	+2	39m17
12	Nicola Froud	45	Barnet	20.36m	-1	39m27
13	Kim Brown	45	Hastng	20.24m	+4	39m41
14	Emma Hollinshead	35	Cannck	21.08m	-5	39m51
15	Julie Platt	35	Wigan	20.17m	+4	39m52
16	Steph Spencer	35	Derby	20.02m	+10	40m21
17	Angela Champion	35	LeCrou	21.21m	-5	40m23
18	Julie Price	35	Traffd	20.33m	+3	40m30
19	Debbie Hope	35	Staffs	20.48m	+1	40m33
20	Judith Thirlwell	35	SundH	20.05m	+12	40m44
21	Suz West	35	Bournv	21.50m	-6	41m02
22	Julie Read	35	Woodst	22.54m	-17	41m04
23	Anna Folland	45	Bedfrd	18.43m	+23	41m06
24	Ruth Ollerenshaw	35	Salfrd	23.35m	-22	41m10
25	Sophie Wilkinson	35	NeneV	20.59m	+0	41m14
26	Nina Ridge	35	Tonbrg	21.04m	+4	41m35
27	Joanna Curtis	55	Winch	21.40m	+2	42m10
28	Susan Watson	45	LeCrou	20.37m	+15	42m14
29	Sian McCourt	35	WoldsV	21.15m	+9	42m21
30	Pauline Michael	45	Barnet	21.35m	+4	42m24
31	Jane Nodder	35	Serpen	21.10m	+10	42m33
32	Kate McBrien	35	RSCold	18.58m	+19	42m34
33	Alison Vesey	45	Altr	21.46m	+2	42m35
34	Eileen Williams	45	CovGod	22.12m	-3	42m48
35	Paula Fisher	45	Rother	21.49m	+1	42m51
36	Lisa Meadows	35	ValeRo	22.58m	-12	43m10
37	Sue Higgins	45	Gloucs	21.41m	+8	43m39
38	Caroline Lambert	45	Haleso	23.09m	+1	44m20
39	Leyla Ari	35	Blkhth	24.00m	-11	44m23
40	Mary Cordeaux	45	Norwch	24.02m	-7	44m44
41	Roberta Manners	55	Norwch	24.47m	-19	44m45
42	Debbie Beck	45	Holmf	24.39m	-15	45m00
43	Linda Westlake	55	Barnsl	24.54m	-20	45m01
44	Wendy Fisher	45	Ryston	24.00m	-4	45m15
45	Joanne Bennett	45	CLM	22.09m	+4	45m17
46	Amy Leaver	35	Wolv&B	23.51m	-4	45m18
47	Kath Thompson	55	CLM	24.20m	-10	45m24
48	Anneke Bull	45	Wstbry	23.39m	-4	45m28
49	Anne O'Connell	35	Worcs	22.12m	+1	45m44
50	Emma Avis	45	Tonbrg	22.48m	-3	45m47
51	Emily Holden	35	Bournv	22.04m	+7	46m09
52	Tracey Gibson	45	WoldsV	22.41m	+1	46m21
53	Coll Greenhouse	45	Bournv	22.34m	+1	46m31
54	Barbara Brown	55	WoldsV	22.21m	+8	47m11
55	John Smithurst	75	Bingl	24.18m	-7	47m18
56	Kerri James	35	Haleso	22.25m	+9	47m58
57	Philip Miles	75	NwMrsk	23.55m	+2	48m01
58	Julie Broughton	45	LeCrou	23.52m	+5	48m53
59	Donna Burgess	35	Staffs	21.15m	+12	49m17
60	Eithne Noonan	55	Wstbry	25.26m	-3	49m30
61	Joanne Fairhurst	35	Wigan	26.17m	-6	50m17
62	Chris Brooks	55	Middle	25.00m	+2	50m23
63	Carole Williams	45	ValeRo	27.10m	-7	51m11
64	Melanie Watts	35	Ryston	27.43m	-12	51m22
65	Miranda Morgan	55	NHerts	25.52m	+3	52m50
66	Lesley Pymm	35	Bournv	28.42m	-6	53m12
67	Erica Wilson	65	Hastng	30.43m	-6	55m23
68	Carol Hall	55	WoldsV	29.32m	-1	55m53
69	Geraldine Varley	35	CLM	28.03m	+3	56m11
70	Pauline Taylor	45	Wigan	29.04m	+0	56m27
71	Marilyn Rowson	65	LeCrou	28.33m	+2	57m02
72	Chris Leathley	65	CLM	31.20m	-3	58m24
73	Sue Smith	45	Ryston	32.33m	-7	58m48

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Fastest laps in leg 2

1	Claire Smith	35	Heanor	18.31m	+4
2	Rachel Jones	45	Salfd	18.37m	+8
3	Anna Folland	45	Bedfrd	18.43m	+23
4	Louise Blizzard	35	Belgrv	18.50m	+0
5	Amanda Davies	35	Telfrd	18.51m	+3
6	Julie Hinch	35	Tipton	18.53m	+3
7	Kate McBrien	35	RSCold	18.58m	+19
8	Jackie Halford	35	Wolv&B	19.18m	+2
9	Andrea Pickup	45	Dulwch	19.19m	+7
10	J Etherington	35	TyneBr	19.31m	+0

Positions after leg 3

1	Kate Rennie	35	Belgrv	17.58m	+0	54m13
2	Beverley Simons	45	Salfd	18.20m	+4	56m05
3	W Roethenbaugh	35	Heanor	19.23m	-1	56m09
4	Clare Elms	45	Dulwch	18.00m	+5	56m32
5	Rachel Coupe	35	Telfrd	19.59m	-1	57m22
6	Penelope Barber	35	Tipton	20.04m	-1	57m35
7	Louise Lennox	35	TyneBr	20.27m	-4	57m39
8	Diane Bygrave	35	Wilmsl	20.02m	-1	57m52
9	Karen Murphy	45	Barnet	18.49m	+3	58m16
10	Gill Fullen	45	Bedfrd	18.06m	+13	59m12
11	Marie Beddows	35	Wolv&B	21.27m	-3	59m30
12	Laura Long	35	Dulwch	20.36m	-1	59m53
13	Laura Gale	35	Bournv	19.14m	+8	1h00m16
14	Ruth W-Rice	35	Staffs	19.52m	+5	1h00m25
15	Lisa Skinner	35	Barns	21.20m	-5	1h00m32
16	Nina Fisher	35	Wigan	20.48m	-1	1h00m40
17	Joanne Lott	35	Traffd	20.39m	+1	1h01m09
18	Sarah McCarthy	35	LeCrou	21.42m	-1	1h02m05
19	Zara Hyde Peters	45	CovGod	19.28m	+15	1h02m16
20	Colleen Compson	35	SundH	21.47m	+0	1h02m31
21	Lucy P-Knowles	35	Tonbrg	20.58m	+5	1h02m33
22	Louise Blake	35	NeneV	21.22m	+3	1h02m36
23	Amanda Hewitt	35	Derby	22.19m	-7	1h02m40
24	Helen Brown	45	Hastng	23.28m	-11	1h03m09
25	Caeron Phillips	35	Woodst	22.09m	-3	1h03m13
26	Sian Roberts	45	LeCrou	21.19m	+2	1h03m33
27	Eliz O'Connor	35	Serpen	21.15m	+4	1h03m48
28	Carole Harrison	45	Altr	21.22m	+5	1h03m57
29	Jane Clarke	55	Norwch	19.31m	+12	1h04m16
30	Jan McWilliam	45	Rother	21.42m	+5	1h04m33
31	Kate Simons	35	WoldsV	22.31m	-2	1h04m52
32	Joy Radford	55	Winch	22.50m	-5	1h05m00
33	Denise Wakefield	35	Salfrd	24.05m	-9	1h05m15
34	Krass Stoyanova	35	RSCold	23.42m	-2	1h06m16
35	Kirsty Johnstone	45	Barnet	24.00m	-5	1h06m24
36	Jayne Lomax	35	ValeRo	23.35m	+0	1h06m45
37	Julie Dale	45	Haleso	22.34m	+1	1h06m54
38	Sharon Nash	45	Gloucs	23.27m	-1	1h07m06
39	Vivienne Lain	45	Norwch	22.23m	+1	1h07m07
40	Jean Shoter	45	Holmf	22.43m	+2	1h07m43
41	Diane Bradley	45	Tonbrg	22.32m	+9	1h08m19
42	Anne Cilia	35	Blkhth	24.12m	-3	1h08m35
43	Jean Knightley	55	CLM	23.16m	+4	1h08m40
44	Julia Rushton	45	CLM	23.28m	+1	1h08m45
45	Karen Matthews	35	Worcs	23.10m	+4	1h08m54
46	Nicola Morris	35	Bournv	23.18m	+5	1h09m27
47	Fred Gibbs	75	Bingl	22.32m	+8	1h09m50
48	Patricia Morgan	35	Wolv&B	24.59m	-2	1h10m17
49	Jo Smith	45	WoldsV	24.13m	+3	1h10m34
50	Sarah Tucker	45	Wstbry	25.20m	-2	1h10m48
51	Jane Ashby	45	Ryston	25.44m	-7	1h10m59
52	Ronald Sherwood	75	NwMrsk	23.43m	+5	1h11m44
53	Anne Bennett	55	Barnsl	26.46m	-10	1h11m47
54	Shirley Hume	55	Wstbry	22.32m	+6	1h12m02
55	Jacqueline Jones	35	Wigan	22.13m	+6	1h12m30
56	Philo Williamson	45	Bournv	26.23m	-3	1h12m54
57	Helen Attwood	35	Haleso	24.57m	-1	1h12m55
58	Yvonne Bullen	45	LeCrou	24.56m	+0	1h13m49
59	Shirley King	55	WoldsV	26.45m	-5	1h13m56
60	Linda Aird	55	NHerts	23.58m	+5	1h16m48
61	Clare Mullin	35	Bournv	24.16m	+5	1h17m28
62	Jo Brooks	35	Ryston	26.14m	+2	1h17m36
63	Ruth Hare	55	Middle	27.25m	-1	1h17m48

64	Ann James	65	LeCrou	23.47m	+7	1h20m49
65	Dee Payne	35	Staffs	31.32m	-6	1h20m49
66	Pat Cole	45	Wigan	27.35m	+4	1h24m02
67	Anita Jones	35	CLM	28.53m	+2	1h25m04
68	Cheryl Brown	45	Ryston	27.15m	+5	1h26m03
69	Sue K-Boxley	35	Cannck	46.13m	-55	1h26m04
70	Chris Egerton	65	CLM	28.27m	+2	1h26m51
71	Janice Warren	65	Hastng	33.24m	-4	1h28m47

Fastest laps in leg 3

1	Kate Rennie	35	Belgrv	17.58m	+0
2	Clare Elms	45	Dulwch	18.00m	+5
3	Gill Fullen	45	Bedfrd	18.06m	+13
4	Beverley Simons	45	Salfd	18.20m	+4
5	Karen Murphy	45	Barnet	18.49m	+3
6	Laura Gale	35	Bournv	19.14m	+8
7	W Roethenbaugh	35	Heanor	19.23m	-1
8	Zara Hyde Peters	45	CovGod	19.28m	+15
9	Jane Clarke	55	Norwch	19.31m	+12
10	Ruth W-Rice	35	Staffs	19.52m	+5

Positions after leg 4

1	Zoe Doyle	35	Belgrv	18.25m	+0	1h12m38
2	Lisa Palmer	35	Heanor	17.44m	+1	1h13m53
3	Claire Martin	35	Telfrd	17.13m	+2	1h14m35
4	Louise Rodgers	35	TyneBr	18.37m	+3	1h16m16
5	Hayley Jennings	35	Tipton	18.53m	+1	1h16m28
6	Katy Green	35	Wilmsl	19.11m	+2	1h17m03
7	Emily Gelder	35	Dulwch	19.12m	+5	1h19m05
8	Kerry Storrar	35	Barns	18.59m	+7	1h19m31
9	Kerry Marchant	35	Staffs	19.11m	+5	1h19m36
10	Deborah Blakeman	35	Wolv&B	21.02m	+1	1h20m32
11	Sarah Rock	35	Bournv	20.25m	+2	1h20m41
12	April Morgan	35	Wigan	20.59m	+4	1h21m39
13	Helen Jessop	35	LeCrou	20.46m	+5	1h22m51
14	Eva K-Martin	35	Tonbrg	20.31m	+7	1h23m04
15	Denise Bridges	35	Woodst	19.53m	+10	1h23m06
16	Mellisa Woodward	35	RSCold	17.06m	+18	1h23m22
17	Melanie Tindale	35	NeneV	21.50m	+5	1h24m26
18	Vikki Cotton	35	SundH	22.30m	+2	1h25m01
19	Sue Exon	35	Traffd	24.51m	-2	1h26m00
20	Paula Parkin	35	Derby	24.00m	+3	1h26m40
21	Lydia Gibbs	35	WoldsV	23.19m	+10	1h28m11
22	Sara Elmqvist	35	Blkhth	20.59m	+20	1h29m34
23	Angie Channing	35	ValeRo	23.25m	+13	1h30m10
24	Monica Baptista	35	Bournv	22.48m	+22	1h32m15
25	Shona Taylor	35	Wigan	22.26m	+30	1h34m56
26	Samantha Love	35	Haleso	22.38m	+31	1h35m33
27	Marg Crosswell	35	Worcs	26.53m	+18	1h35m47
28	Jan Brookes	35	Wolv&B	28.20m	+20	1h38m37
29	Emma Hopkins	35	Bournv	25.14m	+32	1h42m42
30	Joanne Hackett	35	Staffs	22.15m	+35	1h43m04
31	Susannah Naylor	35	Ryston	26.30m	+31	1h44m06
32	Deborah Gasse	35	CLM	31.24m	+35	1h56m28

Fastest laps in leg 4

1	Mellisa Woodward	35	RSCold	17.06m	+18
2	Claire Martin	35	Telfrd	17.13m	+2
3	Lisa Palmer	35	Heanor	17.44m	+1
4	Zoe Doyle	35	Belgrv	18.25m	+0
5	Louise Rodgers	35	TyneBr	18.37m	+3
6	Hayley Jennings	35	Tipton	18.53m	+1
7	Kerry Storrar	35	Barns	18.59m	+7
8	Katy Green	35	Wilmsl	19.11m	+2
9	Kerry Marchant	35	Staffs	19.11m	+5
10	Emily Gelder	35	Dulwch	19.12m	+5

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W35 Team Results

1 Belgrave Harriers 1h12.38m

Sophie Carter	17.25m	
Louise Blizzard	18.50m	+0
Kate Rennie	17.58m	+0
Zoe Doyle	18.25m	+0

2 Heanor Running Club 1h13.53m

Louise Insley	18.15m	
Claire Smith	18.31m	+4
W Roethenbaugh	19.23m	-1
Lisa Palmer	17.44m	+1

3 Telford AC 1h14.35m

Michelle Clarke	18.32m	
Amanda Davies	18.51m	+3
Rachel Coupe	19.59m	-1
Claire Martin	17.13m	+2

4 Tyne Bridge Harriers 1h16.16m

Alison Dargie	17.41m	
J Etherington	19.31m	+0
Louise Lennox	20.27m	-4
Louise Rodgers	18.37m	+3

5 Tipton Harriers 1h16.28m

Lyn Hill	18.38m	
Julie Hinch	18.53m	+3
Penelope Barber	20.04m	-1
Hayley Jennings	18.53m	+1

6 Wilmslow Running Club 1h17.03m

Diane McVey	17.45m	
Janine Ellis	20.05m	-3
Diane Bygrave	20.02m	-1
Katy Green	19.11m	+2

7 Dulwich Runners AC 1h19.05m

Nicola Richmond	19.04m	
Cara Oliver	20.13m	+2
Laura Long	20.36m	-1
Emily Gelder	19.12m	+5

8 Barnsley Athletic Club 1h19.31m

Kaeti MacKenzie	19.28m	
Beth Massey	19.44m	+8
Lisa Skinner	21.20m	-5
Kerry Storrar	18.59m	+7

9 Staffs Moorlands AC 1h19.36m

Wendy Swift	19.45m	
Debbie Hope	20.48m	+1
Ruth W-Rice	19.52m	+5
Kerry Marchant	19.11m	+5

10 Wolverhampton & Bilston 1h20.32m

Audrey Wilson	18.45m	
Jackie Halford	19.18m	+2
Marie Beddows	21.27m	-3
Deborah Blakeman	21.02m	+1

11 Bournville Harriers 1h20.41m

Linda Howell	19.12m	
Suz West	21.50m	-6
Laura Gale	19.14m	+8
Sarah Rock	20.25m	+2

12 Wigan & District H & AC 1h21.39m

Jayne Taylor	19.35m	
Julie Platt	20.17m	+4
Nina Fisher	20.48m	-1
April Morgan	20.59m	+4

13 Les Croupiers 1h22.51m

Claire Beatty	19.02m	
Angela Champion	21.21m	-5
Sarah McCarthy	21.42m	-1
Helen Jessop	20.46m	+5

14 Tonbridge AC 1h23.04m

Sasha Houghton	20.31m	
Nina Ridge	21.04m	+4
Lucy P-Knowles	20.58m	+5
Eva K-Martin	20.31m	+7

15 Woodstock Harriers AC 1h23.06m

Rachel Masser	18.10m	
Julie Read	22.54m	-17
Caeron Phillips	22.09m	-3
Denise Bridges	19.53m	+10

16 Royal Sutton Coldfield AC 1h23.22m

Rachel Joyce	23.36m	
Kate McBrien	18.58m	+19
Krass Stoyanova	23.42m	-2
Mellisa Woodward	17.06m	+18

17 Nene Valley Harriers 1h24.26m

Laura Grimer	20.15m	
Sophie Wilkinson	20.59m	+0
Louise Blake	21.22m	+3
Melanie Tindale	21.50m	+5

18 Sunderland Harriers & AC 1h25.01m

Nicola Woodward	20.39m	
Judith Thirlwell	20.05m	+12
Colleen Compson	21.47m	+0
Vikki Cotton	22.30m	+2

19 Trafford Athletic Club 1h26.00m

Alison Drasdo	19.57m	
Julie Price	20.33m	+3
Joanne Lott	20.39m	+1
Sue Exon	24.51m	-2

20 Derby Athletic Club 1h26.40m

Sarah Holford	20.19m	
Steph Spencer	20.02m	+10
Amanda Hewitt	22.19m	-7
Paula Parkin	24.00m	+3

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21 Wolds Veteran RC	1h28.11m	
Helen Robinson	21.06m	
Sian McCourt	21.15m	+9
Kate Simons	22.31m	-2
Lydia Gibbs	23.19m	+10

22 Blackheath and Bromley	1h29.34m	
Jenny Neal	20.23m	
Leyla Ari	24.00m	-11
Anne Cilia	24.12m	-3
Sara Elmqvist	20.59m	+20

23 Vale Royal AC	1h30.10m	
Carolyn Dooley	20.12m	
Lisa Meadows	22.58m	-12
Jayne Lomax	23.35m	+0
Angie Channing	23.25m	+13

24 Bournville Harriers	1h32.15m	
Stacey Marston	24.05m	
Emily Holden	22.04m	+7
Nicola Morris	23.18m	+5
Monica Baptista	22.48m	+22

25 Wigan & District H & AC	1h34.56m	
Lindsay Freeman	24.00m	
Joanne Fairhurst	26.17m	-6
Jacqueline Jones	22.13m	+6
Shona Taylor	22.26m	+30

26 Halesowen ACC	1h35.33m	
Stephanie Adams	25.33m	
Kerri James	22.25m	+9
Helen Attwood	24.57m	-1
Samantha Love	22.38m	+31

27 Worcester AC	1h35.47m	
Pamela Murray	23.32m	
Anne O'Connell	22.12m	+1
Karen Matthews	23.10m	+4
Marg Crosswell	26.53m	+18

28 Wolverhampton & Bilston	1h38.37m	
Sue Weatherburn	21.27m	
Amy Leaver	23.51m	-4
Patricia Morgan	24.59m	-2
Jan Brookes	28.20m	+20

29 Bournville Harriers	1h42.42m	
Rachel Partridge	24.30m	
Lesley Pymm	28.42m	-6
Clare Mullin	24.16m	+5
Emma Hopkins	25.14m	+32

30 Staffs Moorlands AC	1h43.04m	
Gillian Tinsley	28.02m	
Donna Burgess	21.15m	+12
Dee Payne	31.32m	-6
Joanne Hackett	22.15m	+35

31 Ryston Runners	1h44.06m	
Helen Melville	23.39m	
Melanie Watts	27.43m	-12
Jo Brooks	26.14m	+2
Susannah Naylor	26.30m	+31

32 Clayton Le Moors Harriers	1h56.28m	
Karin Clarkin	28.08m	
Geraldine Varley	28.03m	+3
Anita Jones	28.53m	+2
Deborah Gasse	31.24m	+35

33 Cannock & Stafford AC		
Sally Gray	18.43m	
Emma Hollinshead	21.08m	-5
Sue K-Boxley	46.13m	-55

34 Salford Harriers & AC		
Tessa Walker	17.35m	
Ruth Ollerenshaw	23.35m	-22
Denise Wakefield	24.05m	-9

35 Serpentine RC		
Lisa Pettit	21.23m	
Jane Nodder	21.10m	+10
Eliz O'Connor	21.15m	+4

W45 Team Results

1 Salford Harriers & AC	56.05m	
Julie Cook	19.08m	
Rachel Jones	18.37m	+8
Beverley Simons	18.20m	+4

2 Dulwich Runners AC	56.32m	
Ola Balme	19.13m	
Andrea Pickup	19.19m	+7
Clare Elms	18.00m	+5

3 Barnet & District AC	58.16m	
Joanne Kent	18.51m	
Nicola Froud	20.36m	-1
Karen Murphy	18.49m	+3

4 Bedford Harriers AC	59.12m	
Jen Lovesey	22.23m	
Anna Folland	18.43m	+23
Gill Fullen	18.06m	+13

5 Coventry Godiva Harriers	1h02.16m	
Lisa Wells	20.36m	
Eileen Williams	22.12m	-3
Zara Hyde Peters	19.28m	+15

6 Hastings Runners	1h03.09m	
Riz Maslen	19.17m	
Kim Brown	20.24m	+4
Helen Brown	23.28m	-11

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7 Les Croupiers 1h03.33m
 Julie Scholey 21.37m
 Susan Watson 20.37m +15
 Sian Roberts 21.19m +2

8 Altrincham & District AC 1h03.57m
 Beverley Ganose 20.49m
 Alison Vesey 21.46m +2
 Carole Harrison 21.22m +5

9 Rotherham Harriers and AC 1h04.33m
 Philippa James 21.02m
 Paula Fisher 21.49m +1
 Jan McWilliam 21.42m +5

10 Barnet & District AC 1h06.24m
 Sarah Boxer 20.49m
 Pauline Michael 21.35m +4
 Kirsty Johnstone 24.00m -5

11 Halesowen ACC 1h06.54m
 Sally Spencer 21.11m
 Caroline Lambert 23.09m +1
 Julie Dale 22.34m +1

12 Gloucester AC 1h07.06m
 Den Evans 21.58m
 Sue Higgins 21.41m +8
 Sharon Nash 23.27m -1

13 City Of Norwich AC 1h07.07m
 Tracey Curl 20.42m
 Mary Cordeaux 24.02m -7
 Vivienne Lain 22.23m +1

14 Holmfirth Harriers AC 1h07.43m
 Helen Pettit 20.21m
 Debbie Beck 24.39m -15
 Jean Shotter 22.43m +2

15 Tonbridge AC 1h08.19m
 Helen Cohen 22.59m
 Emma Avis 22.48m -3
 Diane Bradley 22.32m +9

16 Clayton Le Moors Harriers 1h08.45m
 Nerina Gill 23.08m
 Joanne Bennett 22.09m +4
 Julia Rushton 23.28m +1

17 Wolds Veteran RC 1h10.34m
 Anne Mortimer 23.40m
 Tracey Gibson 22.41m +1
 Jo Smith 24.13m +3

18 Westbury Harriers 1h10.48m
 Maria Hobbs 21.49m
 Anneke Bull 23.39m -4
 Sarah Tucker 25.20m -2

19 Ryston Runners 1h10.59m
 Jo Isbill 21.15m
 Wendy Fisher 24.00m -4
 Jane Ashby 25.44m -7

20 Bournville Harriers 1h12.54m
 Jude Glynn 23.57m
 Coll Greenhouse 22.34m +1
 Philo Williamson 26.23m -3

21 Les Croupiers 1h13.49m
 Glenda Edwards 25.01m
 Julie Broughton 23.52m +5
 Yvonne Bullen 24.56m +0

22 Wigan & District H & AC 1h24.02m
 Pauline Foster 27.23m
 Pauline Taylor 29.04m +0
 Pat Cole 27.35m +4

23 Ryston Runners 1h26.03m
 Elizabeth Blakie 26.15m
 Sue Smith 32.33m -7
 Cheryl Brown 27.15m +5

24 Vale Royal AC
 Nicola Dexter 24.01m
 Carole Williams 27.10m -7

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W55 Team Results

1 City of Norwich AC	1h04.16m
Tessa Pike	19.58m
Roberta Manners	24.47m -19
Jane Clarke	19.31m +12

2 Winchester & District AC	1h05.00m
Lynne Whitaker	20.30m
Joanna Curtis	21.40m +2
Joy Radford	22.50m -5

3 Clayton Le Moors Harriers	1h08.40m
Irene Roche	21.04m
Kath Thompson	24.20m -10
Jean Knightley	23.16m +4

4 Barnsley Athletic Club	1h11.47m
Jenny Wakeman	20.07m
Linda Westlake	24.54m -20
Anne Bennett	26.46m -10

5 Westbury Harriers	1h12.02m
Kay Ridgwell	24.04m
Eithne Noonan	25.26m -3
Shirley Hume	22.32m +6

6 Wolds Veteran RC	1h13.56m
Betty Gash	24.50m
Barbara Brown	22.21m +8
Shirley King	26.45m -5

7 North Herts RRC	1h16.48m
Cathy Craig	26.58m
Miranda Morgan	25.52m +3
Linda Aird	23.58m +5

8 Middleton Harriers AC	1h17.48m
Chris Eckersley	25.23m
Chris Brooks	25.00m +2
Ruth Hare	27.25m -1

9 Wolds Veteran RC	
Susan Green	26.21m
Carol Hall	29.32m -1

W65 Team Results

1 Les Croupiers	1h20.49m
Clare Johnson	28.29m
Marilyn Rowson	28.33m +2
Ann James	23.47m +7

2 Clayton Le Moors Harriers	1h26.51m
Karin Goss	27.04m
Chris Leathley	31.20m -3
Chris Egerton	28.27m +2

3 Hastings Runners	1h28.47m
Sarah Marzaioli	24.40m
Erica Wilson	30.43m -6
Janice Warren	33.24m -4