

HEANOR

Running Club

(In partnership with)



THE DERBY RUNNER
SPECIALIST RUNNING EQUIPMENT



Proudly present

The Midsummer Festival

5k & 10k Road Races

(UKA Licence Pending)

Friday 7th June 2019

ShIPLEY HALL CRICKET CLUB, HEANOR

Community 5k Race

5k race Entry Fee:- £6 online at
www.runbritain.com

On the day entries £8
(Please note:- no discount for affiliated runners)

Minimum age for entry in the 5k:
11 years old

The 5k race will start at 6:45pm

Medals awarded to all finishers.

Midsummer 10k Race

10k race Entry Fees:-
In advance online at
www.runbritain.com
Affiliated Runners - £11
Un-affiliated Runners - £13

On the day entries +£2 to the above

Minimum age for entry in the 10k:
15 years old

The 10k race will start at 7:30pm

Medals awarded to all finishers

***** Please note:- All numbers to be collected on race day *****

Surname _____ Forename _____
Address _____
Town _____ County _____ Postcode _____
Email address _____ Tel No _____
Date of Birth _____ Age on Race day _____ Male/ Female _____
Affiliated Club _____ Club M/ship No _____
Race entered tick box 5k 10k Fee enclosed £ _____

I declare that I am an amateur as defined by England Athletics (EA). I agree to abide by the current laws and rules of competition of EA and not to hold the promoter/organiser/Heanor Running Club responsible for any loss, injury or illness as a result of my taking part in this race. I am medically fit to run and enter at my own risk.

Signature _____ Date _____

Please complete in **BLOCK CAPITALS** and send your cheque / postal order payable to **HEANOR RUNNING CLUB**.

Send to:- The Midsummer Festival, Riber View, Heanor Road, Smalley, Derbyshire, DE7 6DW.

FB: [HRC midsummer festival](#)

Twitter: [@heanor_rc](#)

www.heanorrunningclub.com